

NIAGARA ICEDOGS



Landon Cato

Defenceman

Shoots: Right

HEIGHT: 6.02

WEIGHT: 190LBS

BIRTHDAY: 2003/03/31

HOMETOWN: Toronto, Ontario

2

Landon Cato is in his 2nd year with the IceDogs. The 6'2" defenceman was undrafted and was signed by the IceDogs before the 2019-2020 OHL season.



**Landon
Cato**

#WORKBOOKWEDNESDAY

CATO

2

#WORKBOOK **WEDNESDAY**
Penmanship

Trace the player's name two times,
then write it on your own in the blank lines

2 Landon Cato

2 Landon Cato

2 Landon Cato

2 Landon Cato



#WORKBOOKWEDNESDAY

Interview

If you were a reporter, what would you ask Landon Cato?

Sentence Structure

Fix the grammatical errors and rewrite the following sentences:

1) Landon Cato is playing in his second year for niagara.

2) Landon plays defence and is from Toronto.

3) did you know that landon's last team was the toronto Nationals?

4) this season landon takes 2 shots per game. i wonder how many shots on goal he will have by the end of this season.

#WORKBOOKWEDNESDAY
Math - Level 1

Solve the math problems below. Don't forget to show your work!

1) Landon went to the rink with 6 pucks. He lost 2 but a teammate gave him 1. How many pucks did Landon come home with?

2) Landon was undrafted in the OHL Draft. One of his team mates was drafted in the 6th round and another was drafted 4 rounds after. What round was his second team mate drafted?

3) If Landon blocks 2 shots in the first period, 3 in the second period, and 3 in the third period, how many shots will Landon block in total?

4) Landon took 2 minutes to tie his skates and 6 minutes to tape his stick. He then spent 7 minutes talking to his coach. How long did it take him to get ready?

#WORKBOOKWEDNESDAY
Math - Level 2

Solve the math problems below. Don't forget to show your work!

1) Landon played in 3 games for the Icedogs. On Tuesday he played 18 minutes, on Thursday he played 22 minutes and on Saturday he played 19 minutes. How many minutes did Landon play this week?

$$2) x(2) = 38$$

If Landon's team mate has 38 penalty minutes, and each penalty was a two minute minor, what does x equal?

3) Landon drove to a friend's house on Saturday morning which takes 35 minutes to drive to. It takes the same amount of time to get back. That evening Landon had a game in Ottawa which takes 5 h 45 min to get to. How long was Landon in a vehicle on Saturday?

4) Landon played 18 minutes in a game on Monday night. The next day, he practiced for 55 minutes and then played on an outdoor rink with his friends for 1 hour and 05 minutes. On Wednesday, he played 20 more minutes. How many hours and minutes did Landon play in those 3 days?

#WORKBOOKWEDNESDAY
Math - Level 3

Solve the math problems below. Don't forget to show your work!

1) Landon's team mate wears number 88. List all factors of 88.

2) Landon is 6'2" tall. If there are 2.54cm in an inch, how many cm tall is Landon?

3) Landon took 55 shots in practice. If Landon took 55 shots for 7 practices in a row, how many shots would he have in total?

4) So far for the IceDogs, Landon has 13 points in 44 games. How many points per game does Landon have?

#WORKBOOKWEDNESDAY

Word Search



A G S Z H C T I G N C N R R S A
X N O Z R O I G T U R O S Q F N
F F E Y R X D E U D A D A L S O
I Q F O Q B Z P C S T N P M W R
B C N L Q Z O Q P N S A R T C P
Q T E J T T L Q X E E L I C L P
O H P D A H O C K E Y F L I F L
E A Y C O G H E K A F R E G R I
A B A R A G A I N S C N I D K N
G O B R O H S D E P U K C H F M
E H H W A W D M V W E N C H P J
X O G P H D N K B U R Q K O M F
I I Y E O S T A R Q O N B M L O
S C T R P G X J P L C Z L V N B
W D D A T C D F X I S K H I Y E
D S U Z C O G I I Q S G J X T G

APRIL BLOCK CATO DEFENCE
HOCKEY ICEDOGS LANDON NIAGARA
SCORE STAR TORONTO TWO

Find the Same Letters

Draw a circle around all the letter C's you see.



C r k A r s d c f b

k s g c **C** U R k E n S

S **R** k A F H V j c D

c v **L** S N **R** g c i r **U**

V **K** C E N g f v c s R

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